



Skills Assessment Checklist

Intradermal Sterile Water Injection (SWI) for Lower Back Pain in Labour





Intradermal Sterile Water Injection (SWI) for Lower Back Pain in Labour

Program Assessment Guide	
Why must I have my skills assessed?	To confirm that you can safely, effectively and appropriately manage Intradermal Sterile Water Injections (SWI) in accordance with organisational and legislative requirements.
Who can assess me?	Staff who have been assessed as having this skill within their current scope of practice within WACHS.
What is the Assessor's role?	To determine whether or not you have achieved the standard necessary to be perform this new skill.
Where can the Assessment occur?	Assessment must occur in the work environment in a real or simulated environment.
How am I assessed?	Through practical assessment involving direct observation and questioning by an assessor. Recognition of Prior Learning (RPL) can be obtained by providing sufficient evidence to the Learning and Development Unit program coordinator.
What am I assessed on?	The performance criteria listed within the Skills Assessment Checklist.
How do I prepare for Assessment?	<ol style="list-style-type: none">1. Identify your knowledge and skills gaps utilising the performance criteria as your guide to the expectations of this competency.2. Access the learning tools appropriate to this program and practice/learn.3. Complete the "self-check" on the practical assessment tool.
What do I need to do?	<ol style="list-style-type: none">1. Inform your manager of your intention to gain this competency.2. Arrange a time with the assessor to complete your practical assessment.3. Bring your practical assessment tool with you to the practical validation / assessment.4. Contact the assessor if you require assistance, or if you feel you are not ready to be assessed – prior to the arranged date of assessment.5. Following completion of your assessment, forward all documentation to the Learning and Development Unit for record keeping and verification purposes.

Program Assessment Guide

What else do I need to know?

1. All Assessment results are kept confidential.
2. You have the right of appeal, whereby you may dispute the process or outcome of an assessment and seek reassessment. You need to approach the Program Coordinator or Learning and Development Coordinator and appeal against the results within five (5) working days after the assessment.
3. All assessments conducted must be:
 - conducted safely, and stopped immediately when an assessment is deemed potentially unsafe
 - valid, reliable, flexible and fair.
4. After completing the assessment for this, unit candidates will receive one of the following grades - Competent or Not Yet Competent.
5. After the assessment has taken place, your assessor is to provide confidential feedback. This feedback will provide you with:
 - the results of the assessment
 - notification of identified learning gaps
 - guidance on appeal and/or reassessment opportunities and training pathways should the need occur.
6. All successful candidates are provided with email acknowledgement/certificates of attainment rather than grades or percentages. These are to be placed in your Continuous Learning portfolio.
7. If you have a complaint, and it is difficult to resolve, uncomfortable for staff to deal with or the complaint is about dissatisfaction with the service; the issue is to be referred to your local Learning and Development Coordinator.

Intradermal SWI for Lower Back Pain in Labour

PERFORMANCE CRITERIA

As part of the SWI for lower back pain in labour program you are expected to demonstrate competency in the following performance criteria:

1. Identification of the indications for SWI in labour
2. Obtain appropriate informed consent
3. Identification of the anatomical markers for SWI for lower back pain
4. Administration of an intradermal injection of sterile water for lower back pain
5. Evaluation of the effectiveness of the administration of SWI in labour.

SWI for lower back pain in labour Practical Skills Assessment Appointment

Date:

Time:

Venue:

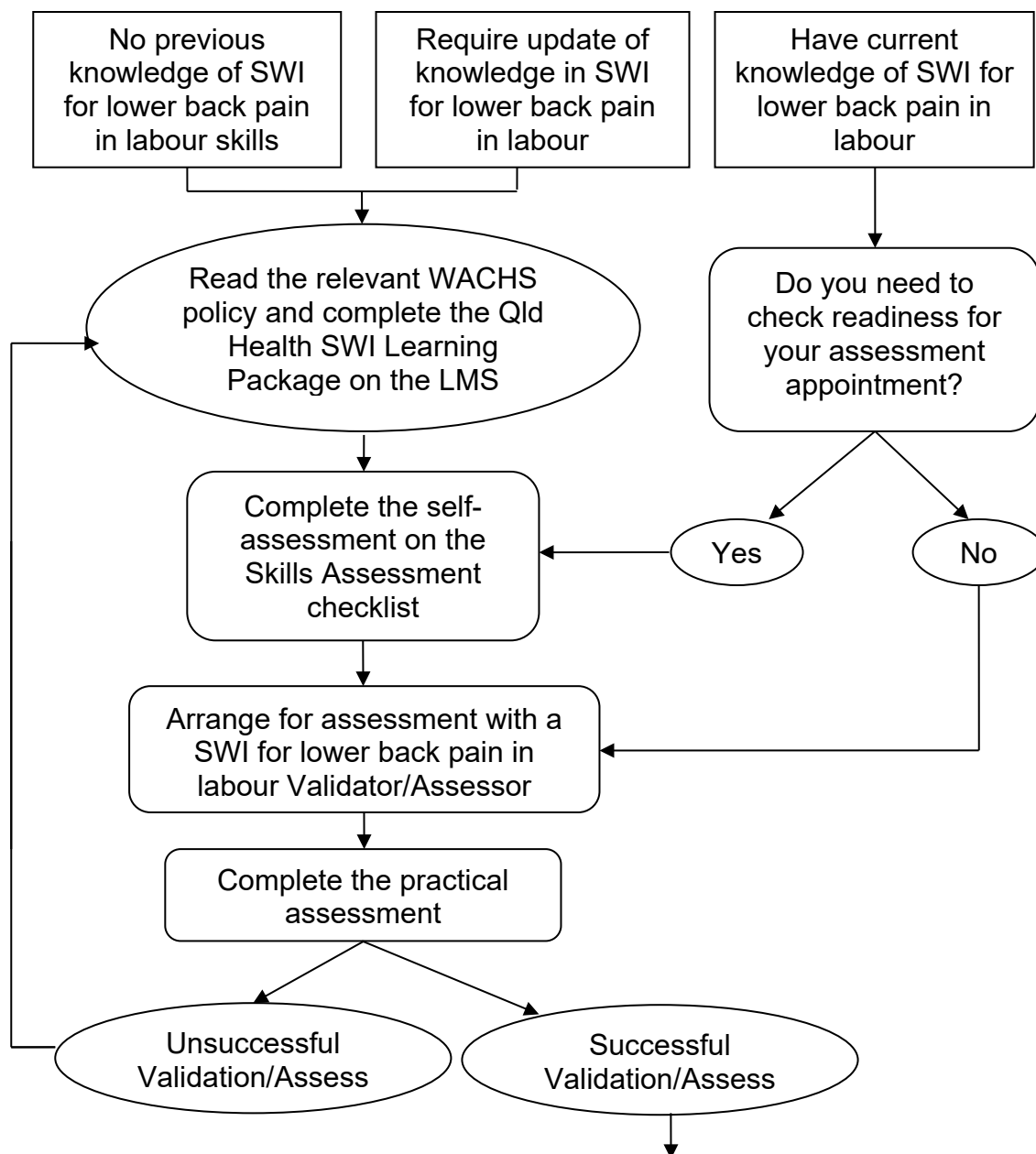
Validator / Assessor:

Validator / Assessor Contact Details:

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Intradermal SWI for Lower Back Pain in Labour

ASSESSMENT PATHWAY



CONGRATULATIONS

A certificate of validation/assessment in the skill of SWI for lower back pain in labour will be sent to you from the Learning and Development Unit. This certificate needs to be placed in your Professional Learning Portfolio. Remember to revalidate your skill in 12 months.

WACHS Practical Assessment – Assessment Tool

SWI for Lower Back Pain in Labour

**PRE –
REQUISITE:**

1. Complete the Queensland Health SWI Learning package available via the WACHS LMS.
2. Read the WACHS [Intradermal Sterile Water Injections for Lower Back Pain in Labour Policy](#).

Candidate Declaration (must be completed prior to the assessment)

- I have read and understand the details of the assessment.
- I have been informed of the condition of the assessment and the appeals process.
- I agree to participate in this assessment.
- I declare the evidence provided is my own work.

Name / Designation (please print): _____

Date: _____ Worksite: _____

WACHS Skills Assessment Checklist – Intradermal Sterile Water Injections (SWI) for Lower Back Pain in Labour

Performance Criteria	Method (O,V)	Self Check <input checked="" type="checkbox"/>	Validator/ Assessor <input checked="" type="checkbox"/> or <input checked="" type="checkbox"/>
Identifies the indications for SWI in labour	V		
Obtains informed consent (<i>including efficacy 85%, onset of relief 1 – 3mins, duration 1 – 3 hours, repeatable</i>)	O, V		
Checks and documents pre-SWI pain score	O, V		
Confirms identity of the woman	O,V		
Checks for any allergies	O,V		
Determines availability of second midwife to simultaneously inject	V		
Performs hand hygiene and dons gloves	O		
Draws up 0.1 – 0.3ml of sterile water for injection into each of 4 syringes	O, V		
Positions woman correctly and identifies anatomical markers for injection sites x 4 <i>(over each posterior superior iliac spine, 3cm below and 1cm medial to posterior iliac spine OR on the four points of an inverted trapezoid shape on the sacrum)</i>	O, V		
Appropriately cleanses the area for injection and allows skin to dry	O, V		
Removes needle cap with non-dominant hand	O, V		
Uses non-dominant hand to spread skin taut over injection site	O, V		
Places needle flat against skin, bevel side up	O, V		
Inserts needle into skin about 2 mm so point of needle can be seen through skin	O, V		
During a contraction, injects rapidly while watching for a visible bleb under the skin (0.5 cm diameter) repeat remaining sites with subsequent contraction	O, V		
If no wheal /blister appears then withdraws needle slightly	O, V		
Once wheal / blister formed, withdraws needle quickly at same angle as inserted	O, V		
Did not massage injection sites	O, V		
Correctly disposes of sharps used	O, V		
Correct removal of gloves and performs hand hygiene.	O, V		
Checks and document pain score post procedure at 5 and 10 minutes then according to clinical judgment	O, V		
Can repeat procedure every 30 minutes if pain score increases	O, V		

Assessment Key

Method: (O) – Observation
(V) – Verbal

WACHS Practical Assessment – Assessment Tool

SWI for Lower Back Pain in Labour

RESULT	Competent	Not Yet Competent (NYC)
Recommendations for further development if NYC:		
Reasonable adjustments made for the assessment process:		
Timeframe for re-validation / assessment if NYC:	Validator / Assessor Name and Signature:	

CANDIDATE'S STATEMENT			
I accept the decision and agree the assessment process was valid and fair (tick)			
I wish to appeal against the assessment decision or process (tick)			
Candidate Signature:		Date:	
Data Entry Completed (tick) (Lattice Code: ____ 003)		Previous certificate signed by Validator / Assessor (tick):	
		Requires a new certificate (tick):	

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Contact:	WACHS Coordinator of Midwifery		
Directorate:	Nursing and Midwifery Services	TRIM Record #	ED-CO-16-47269
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