Stroke and TIA Workflow – South West District Sites

B.E.F.A.S.T

BALANCE



Have you had any sudden loss of balance?



Have you had anv sudden loss of vision in one or both eyes?

FACE



Can you show me your teeth, raise your eyebrows, close your eyes?

ARM



Can you raise both arms?



Has your speech been slurred or have you had difficulty understanding others?

TERRIBLE HEADACHE

Effective: 15 February 2021

Have you got a terrible headache? Is this the worst headache of your life?

If one or more symptoms present or resolved = ATS2

Blood Glucose Level (BGL) at triage or first vital signs. BGL < 3.5 mmol/L should be urgently corrected. Neurological examination and vital signs fully documented.

Determine TIME of ONSET of symptoms.

Infographic reference: BEFAST.org

Doctor only direct consult option

DOCTOR ASSESSMENT

(if available at district site)

- Rapid bedside medical assessment
- Consider completion of NIHSS MR62F in consultation with ETS or FSH

EMERGENCY TELEHEALTH CONSULTATION Tel: 1800 422 190 (ETS) available 24hrs

ED NURSING TASKS:

- Contact ETS if doctor not available
- Initiate Stroke Protocol MR62B
- Initiate Adult Swallowing Assessment MR64B

FIONA STANLEY HOSPITAL (FSH) ACUTE TELESTROKE

Tel: 0466 329 729 FSH Acute TeleStroke Consultant (M-F 8am-5pm)

- Discuss suitability for clot retrieval / thrombolysis.
- Discuss suitability for transfer to tertiary sites or South West management.
- Discuss suitability for neurosurgical Intervention

DISTRICT SITE

- Document time of call, doctor name and designation
- Follow plan as per ETS or FSH advice

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Date of Last Review: February 2021

Version: 1.00

Contact: Stroke Coordinators Bunbury and Busselton Hospitals

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Date Next Review: February 2026 EDRMS Record No: ED-CO-20-96361

Published: 18 February 2021