



Your roadmap to raising healthy country kids



Appointment Tracker

Name of your healthy country kid:

	IMMUNISATION following the WA Immunisation Schedule	GROWTH measuring weight and length	DEVELOPMENT tracking movement, speech, hearing and vision	DATE/TIME	DONE! <input checked="" type="checkbox"/>	
PREGNANCY				____/____/____ :		
BIRTH				____/____/____ :		
0-14 DAYS				____/____/____ :		
6-8 WEEKS ✓ Doctor visit ✓ See child health nurse ✓ Immunisations				____/____/____ : ____/____/____ : ____/____/____ :		
4 MONTHS				____/____/____ :		
6 MONTHS				____/____/____ :		
12 MONTHS				____/____/____ :		
18 MONTHS				____/____/____ :		
2 YEARS				____/____/____ :		
4 YEARS				____/____/____ :		
SCHOOL ENTRY HEALTH ASSESSMENT				____/____/____ :		
YEARLY FLU FOR THE FAMILY		FIRST YEAR ✓	SECOND YEAR ✓	THIRD YEAR ✓	FOURTH YEAR ✓	FIFTH YEAR ✓



Get in touch to keep your child up to date.