

# In an Emergency call 000 or visit your local Hospital or Health Service

Rural Link 1800 552 002

Kids Help line 1800 551 800

Kids Help line (Parents) 1800 654 432

Poisons Information Centre 13 11 26

Parent & Family Drug Support 1800 653 203

1800 Respect (Sexual Assault,

Domestic Family Violence) 1800 737 732

# Midwest Mental Health and Community Alcohol and Drug Service

1800 051 999 www.wacountry.health.wa.gov.au



### **Our Locations**

#### Geraldton

Community Health Building 51 – 85 Shenton Street Geraldton WA 6530 Telephone: 1800 051 999 Facsimile: 9956 1998

#### Carnarvon

Carnarvon Hospital Outpatient Centre

Cleaver Street
Carnarvon WA 6701
Telephone: 1800 051 999
Facsimile: 9956 1998

#### Meekatharra

Mental Health Meekatharra Hospital

Savage Street

Meekatharra WA 6642 Telephone: 1800 051 999 Facsimile: 9956 1998

### Midwest, Murchison and Gascoyne

Regional visits are conducted regularly

Telephone: 1800 051 999 Facsimile: 9956 1998

#### **WA Country Health Service**

189 Wellington Street

Perth WA 6000

Telephone: 08 9223 8500 Facsimile: 08 9223 8599

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Midwest Mental Health Community Alcohol and Drug Service

### Welcome

Child and Adolescent Mental Health Service (CAMHS)



## **Our Service**

The Child and Adolescent Mental Health Service (CAMHS) provide recovery-focused mental health programs to infants, children and young people up to the age of 18. The service has the family at the centre of their care.

Children, young people and families come to see us for lots of different reasons. CAMHS offers support, advice and treatment to young people and their families who are having problems with how they feel, how they think about things and how they behave. We work with children, young people and their families when relationships are difficult and have an impact on well-being and family life.



## Our Staff

#### Who works at CAMHS?

Our staff are trained to work with children, young people, and their families. They come from a number of different backgrounds: mental health nursing, allied health, clinical psychology, and psychiatry. You will be seen by the people who will best be able to help you.

### Can anyone else be involved?

Yes, it is you and your family's choice for your doctor, family member/s, school, carers or other service providers are involved in your care.

## Your Choice

# What happens if you choose to come to Midwest Mental Health and Community Alcohol and Drug Service?

If you or your family chooses to come and see us, you can call or attend the clinic to book an appointment. This is called a **Choice Appointment**.

You will help us to understand some of the problems you are facing, and together work on a plan of action.

We will discuss with you the kind of help and treatment we or other agencies might be able to offer.

If our service is not suitable to meet your needs, we will link you with the most appropriate person or service.

Either way, you will leave your Choice Appointment with a written plan.

# Your Experience

### The Experience of Service Questionnaire

The Experience of Service Questionnaire (ESQ) is a questionnaire that has 15 questions for you to answer.

The questions include:

- What you think about your care with CAMHS and your time here with us.
- Did you find getting an appointment with us easy?
- How you felt about your care.
- Whether you felt comfortable and safe.

You, your parents or carers, can fill questionnaire out, it is completely anonymous no one else will know what you have written.

Taking part in the survey is voluntary.

The care that you receive will not be affected by your participation in the survey in any way. It is very important that you understand this fully.

We need this information, so that we can make CAMHS a safe and comfortable environment for everyone.

