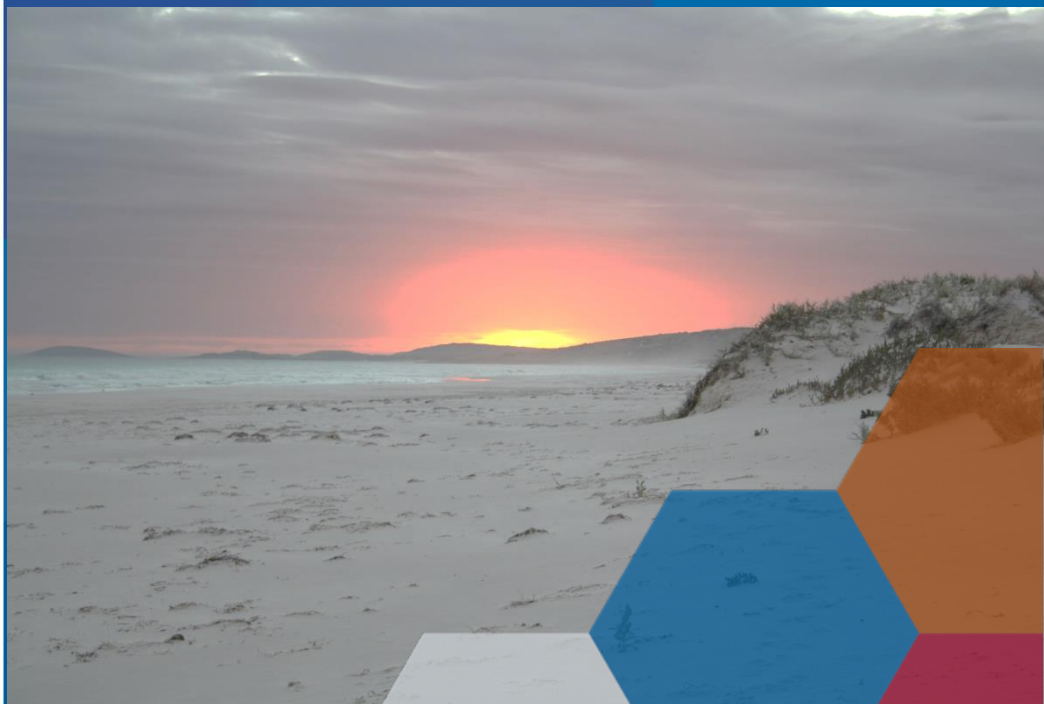




Government of Western Australia
WA Country Health Service

Midwest Mental Health & Community Alcohol and Drug Service (MMH&CADS)

Welcome



Our Services

Midwest Mental Health & Community Alcohol and Drug Service (MMH&CADS) provides collaborative, consumer focused and recovery orientated services. Our service is flexible and responsive to consumers' needs across all ages, cultures and locations.

MMH&CADS provides services in

- Adult Mental Health (18 - 65 years),
- Older Adult Mental Health (65+),
- Child and Adolescent Mental Health (up to 18 Years)
- Community Alcohol and Drug Services.



Mental Health Service

We provide a wide range of community services, including:

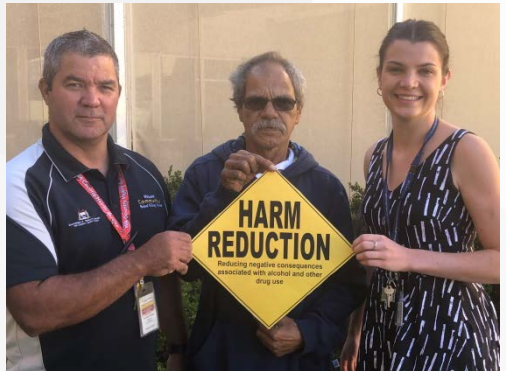
- Partnership meetings with expert professionals to find out exactly what you need
- Information on different types of help, treatment and resources
- Help finding the right services to support you
- Support treatment and care delivered by a team of highly skilled professional staff
- A choice of different types of treatment designed for you with you; including individual group family
- Up to date information about local and state wide agencies.



Community Drug and Alcohol Service

We provide specialist services that aim to reduce alcohol and other drug related harm through the provision of:

- Individual and group counselling
- Support to individuals and their significant others
- Referrals to detox and rehabilitation services
- Intervention Programs (Cannabis, Other Drugs)
- Other Programs (Needle and Syringe, ICARE, Opioid Pharmacotherapy)
- Alcohol and drug education and awareness programs in prison, schools, government and non-government agencies and the community
- Information and resources



Our Staff

Who works at MMH&CADS?

Our team comes from a number of different backgrounds: mental health nursing, social work, occupational therapy, Aboriginal mental health, clinical psychology, and psychiatry. You will be seen by the people who will best be able to help you.

Can anyone else be involved?

Yes, it's your choice if your doctor, family members, carers or other service providers are involved in your care.





Aboriginal Mental Health Model of Care

Aboriginal people have the power to live well and stay well

Our Aboriginal Mental Health Workers (AMHW) are here for you.



We help people who are worried about their own or someone else's mental health



We work with the family



We work together to respect all cultural differences



For more information contact:



The hand is a symbol of reaching out for help and a symbol of reaching out for support. Our hands show our humanity and our hands tell our stories.

Your Choice

What happens if you choose to come to MMH&CADS?

If you want to come and see us, you can call or attend the clinic to book an appointment with us. We call this a **Choice Appointment** and it will usually last for an hour.

You will help us to understand some of the problems you are facing, and together work on a plan of action.

We will discuss with you the kind of help and treatment we or other agencies might be able to offer.

If our service is not suitable to meet your needs we will link you with the most appropriate person or service.

Either way, you will leave your choice appointment with a written plan.

You're Experience

You're Experience of Service (YES) Questionnaire

This survey is designed to gather information about your experiences with our service. It aims to help mental health services, alcohol and drug services and consumers work together to build better services. Taking part in the survey is voluntary and it's completely anonymous so no one else will know what you have written and your treatment will not be affected by your participation in any way.

Our Locations

Geraldton

Mental Health and Community
Alcohol and Drug Service Office
51 – 85 Shenton Street
Geraldton WA 6530
Telephone: 1800 051 999
Facsimile: 99561998

Carnarvon

Carnarvon Hospital Outpatient
Centre
Cleaver Street
Carnarvon WA 6701
Telephone: 1800 051 999
Facsimile: 99561998

Meekatharra

Mental Health Meekatharra
Hospital
Savage Street
Meekatharra WA 6642
Telephone: 1800 051 999
Facsimile: 99561998

Midwest, Murchison and Gascoyne

Regional visits are conducted
regularly
Telephone: 1800 051 999
Facsimile: 99561998

Helplines

In an Emergency Call **000** or visit your local Hospital or Nursing Post.

Rural Link	1800 552 002
Lifeline	13 1114
Suicide Call Back Service	1300 659 467
Kids Help line	1800 551 800
Kids Help line (Parents)	1800 654 432
Poisons Information Centre	13 11 26
Alcohol and Drug Support Line	1800 198 024
Parent and Family Drug Support	1800 653 203
1800 Respect (Sexual Assault, domestic family violence)	1800 737 732

Midwest Mental Health and Community Alcohol and Drug Service 1800 051 999

www.wacountry.health.wa.gov.au

