

How to access our service

Service information for health professionals and consumers can be accessed by contacting the Triage Officer.

Wheatbelt Mental Health

PO Box 833, NORTHAM WA 6401

Phone: (08) 9621 0999

Fax: (08) 9622 2734

Phone directory

Aged Care Assessment Team

(08) 9690 1318

Office of the Public Advocate

(08) 9278 7333

1300 858 455

Alzheimer's Association

(08) 9388 2800

1300 66 77 88 (free call)

Helping Minds (formerly A.R.A.F.M.I)

(Association of Relatives and Friends of Mentally Ill)

(08) 9427 7100

Rural Free Call 1800 811 747

Silver Chain Mental Health Advisory Service

(08) 9242 0242

Health and Disability Complaints Office

(08) 6551 7600

1800 813 583 (free call)

Department of Communities

1800 176 888

carers@communities.wa.gov.au

Suite 10/ 210 Fitzgerald Street

PO Box 833

NORTHAM WA 6401

Merredin Hospital

MERREDIN WA 6415

Narrogin Hospital

NARROGIN WA 6312

Unit 1 Gingin Business Centre

Brockman Street

GINGIN WA 6503

Phone: (08) 9621 0999

Fax: (08) 9622 2734

For after-hours help:

Rurallink

1800 552 002

TTY 1800 720 101



Endorsed by Wheatbelt Mental Health Consumer and Carer Advisory Group

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Government of Western Australia
WA Country Health Service

Wheatbelt Mental Health Service

Seniors Program

Providing free, confidential, quality, community mental health care to people of the Coastal and Wheatbelt Communities

Our aim

- To provide a seamless service between consumers, Wheatbelt Mental Health Service, general practitioners and other service providers.
- To ensure prompt and easy access to the service for clients, carer and referrers.
- To intervene early to minimise the impact of mental health problems in the elderly.
- To reduce the impact of mental illness in the elderly and their family through effective services.

Who can we help?

- People over 65 (55 years and over for Aboriginal people).
- People who reside in the Wheatbelt Mental Health Service catchment area.
- People with mental health issues or experiencing dementia related difficulties.
- People with long term mental health disorders that have transitioned into an older adults category.

Can our service be of help to you?

Are you experiencing any of the following?

- Difficulty managing day to day tasks due to changes in your mood
- Stress and anxiety which make it difficult for you to cope
- Demanding or aggressive behaviour related to changes in mental state
- Feelings of isolation and lack of support as a carer
- Confusion in relation to services who can support you

If you have answered “yes” to any of the above then please contact your general practitioner or call the Wheatbelt Mental Health Service for further information.

Services offered

Community Mental Health

The community team can conduct assessments in your own home, in the clinic and other community health centres or hospitals. Follow-up and management is planned on an individual basis.

Carer Support

To enhance the quality of life of carers and their families through the provision of support, education and referral to other services.

Your General Practitioner and community service

While we are providing you with a specialist service your GP remains your primary service provider. With your permission we provide your doctor with written assessments, progress reports and once discharged information about your needs.

We also make referrals to other services including home support services, day therapy programs, carer support and respite services.

Your role

To assist us in maintaining our high standards we welcome your comments and feedback on aspects relating to our service.

To be focused on your recovery and what can assist you in your recovery.

Participation of family members and significant others is important in your care and can be included in your care planning with your consent.

To ensure our records are correct, please inform us of any health updates, changes to medications or other information that may be relevant.