



## Operative Vaginal Birth (OVB) - Team Time Out Checklist

### Confirm Maternal and Fetal Assessment Favourable to Success:

- Ensure bladder is emptied or IDC removed
- Ensure contractions adequate i.e. strong, occurring 1 in 3 – 4 mins
- Ensure adequate analgesia.
- Abdominal palpation: head 0/5 palpable
- Vaginal exam: fully dilated, membranes ruptured, vertex below spines & fetal position determined (**ultrasound can be used to confirm position**)

### Confirm Team Ready:

- Informed consent of the woman obtained
- Shift coordinator informed
- Scribe and timepiece nominated
- Call Paediatric Dr **OR** ensure 3<sup>rd</sup> staff with neonatal resus competency for baby

### Consult Obstetrician – Consider Theatre if any of High Risk Factors Present:

- Vertex above spines on VE (contraindicated in singleton) **and/or**
- 1/5 palpable abdominally on bimanual exam
- Suspected macrosomia
- Occipito-posterior position
- BMI >35.

### Consider Abandoning OVB and Call Obstetrician if any of Below Occur:

1. Difficulty applying instrument.
2. No descent with first pull
3. Absence of progressive descent with subsequent pulls.
4. Birth not imminent after three pulls.
5. Cup detachment twice
6. more than 15 mins elapsed since instrument application.

Any team member can call for a **“Team Time Out Review”** to halt the procedure, rethink current management and /or contact the Consultant Obstetrician (including regional)

**This document can be made available in alternative formats  
on request for a person with a disability**

<b>Contact:</b>	WACHS Coordinator of Nursing (K. Reynolds)		
<b>Directorate:</b>	Nursing and Midwifery Services	<b>EDRMS Record #</b>	ED-CO-20-38441
<b>Version:</b>	1.00	<b>Date Published:</b>	25 May 2020

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the *Copyright Act 1968*, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia.